AUTUMN BREAK HOLIDAYS HOMEWORK 2023 CLASS: VII

Subject: English

- 1) Write one page of handwriting every day.
- 2) Write an essay of about 150-200 words on the topics given below:
- a) My favourite sport
- b) An unforgettable journey by train.
- c) Y favourite holiday destination.
- 3) Choose any four English authors of India. Write a page about each of them. Paste their pictures and write the names of books written by them.

NOTE: Holidays Homework should be written in your Homework book (book no: 3)

Subject: Science

Activity 1

Describe two changes that are harmful. Explain why you consider them harmful. How can you prevent them?

Activity 2

Measure the breathing rate of the members of your family and some of your friends. Investigate:

If the breathing rate of children is different from that of adults.

If the breathing rate of males is different from that of females.

If there is a difference in any of these cases, try to find the reason.

Activity 3

Draw the diagram of human heart and label the parts.

Activity 4

Make your own cactus garden by collecting pieces cut from different kinds of cacti. Grow the variety in one single flat container or in separate pots.

Activity 5

Bring the soil sample of your area, find out if it is acidic, basic or neutral. Discuss with farmers if they treat the soil in any manner.

Subject : Mathematics

S.no.	Topics
1.	Write types of angles
2.	Write types of triangles
3.	Write types of Quadrilaterals

SOCIAL STUDIES WORKSHEET: 1 (HISTORY CHAPTER-1: TRACING CHANGES THROUGH A THOUSAND YEARS)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1.	Fill in	n the blanks.	
	i.	Archives are places where	are kept.
	ii.	was a fourtee	nth-century chronicler.
	iii.		and
		were some of the ne	w crops introduced into the
		subcontinent during this period.	
	iv.	Several villages were governed by	a
Q2.	True	/False	
	i.	We do not find inscriptions for the p	period after 700
	ii.	The Marathas asserted their political	al importance during this period.
	iii.	Forest-dwellers were sometimes pu	ushed out of their lands with the
		spread of agricultural settlements.	
	iv.	Sultan Ghiyasuddin Balban controll	ed Assam, Manipur and Kashmir.
Q3. Ans.	What	t does a Cartographer do?	
Q4. Ans.		t are the two main sects of Islam?	
Q5. Ans.	Who	was Al-Idrisi?	
Q6.		t do you mean by archive?	
Ans.			

SOCIAL STUDIES WORKSHEET: 2 (HISTORY CHAPTER-2: NEW KINGS AND KINGDOMS)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1.	State True (T) or false (F).
i.	Prashastis were composed by learned Brahmanas
ii.	Initially Cholas were subordinate to the Chalukyas of Karnataka
iii.	Revenue was also collected from traders
iv.	Prashastis contain details that may not be literally true.
٧.	One prashasti found in Gwalior, Madhya Pradesh, describes the exploits of
	Nagabhata, a Pratihara king
vi.	Rashtrakuta dynasty ruled the Kashmir and neighbouring areas of India.
vii.	Earlier the Chauhans were also known as Chahamanas.
Q2.	Fill in the blanks.
i.	As samantas gainedand, they declared themselves
	to be
ii.	The best-known Chahamana ruler was Prithviraja III, who defeated an
	Afghan ruler namedin 1191.
iii.	Many of these new kings adopted high-sounding titles such as
	and
iv.	were composed by learned Brahmanas.
٧.	Tang dynasty remained in power between theandcentury.
vi.	The evidence of the land grants were found to be recorded on
	plate
Ω 3	Who wrote Kitab-al-Hind?
-	
~ 115.	
Q4. \	What were known as ur?
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SOCIAL STUDIES WORKSHEET: 3 (HISTORY CHAPTER-3: THE DELHI SULTANS)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1.	State True (T) or False (F).
i.	Coins minted in Delhi, called dehliwal
ii.	Raziyya is from the Rajput dynasty
iii.	Kharaj was a tax on cultivation.
iv.	Ibn Battuta, a fourteenth-century traveller was from Morocco, Africa.
٧.	Alauddin used a "token" currency, somewhat like present-day paper
	currency
Q2.	Fill in the blanks.
i.	Raziyya was removed from the throne in
ii.	InSultan Iltutmish's daughter,, became Sultan.
iii.	Delhi first became the capital of a kingdom under the
iv.	Kakatiya dynasty of Warangal is a part of modern
٧.	Delhi became an important city only in thecentury.
vi.	Mughal emperor Humayun, was defeated by
	What is the time of rule of Ananga Pala?
Ans.	
_	What was the other name for Iqtadar?
Q5. '	Who abolished the Iqta System?
Ans.	
_	What was the language of administration under the Delhi Sultans?

SOCIAL STUDIES WORKSHEET: 4 (CIVICS CHAPTER-1: ON EQUALITY)

STUDENT NA	AME:	CLASS:	ROLL NO:	DATE:
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Q1.	Fill ir	n the blanks.	
	i.	India is a	country.
	iiis a key feature of democracy.		
	iii.	The idea of	is based on the idea
		of equality.	
	iv.	Every person is	before the law.
Q2.	True,	/False	
	i.	One of the more cor	mmon forms of inequality in India is the caste
		system	
	ii.	Every person should	not be treated with dignity
	iii.	Establishing equality	y in a democratic society is a continuous
		struggle	-
Q3. Ans.		ch was the first state	n India to introduce midday meal scheme?
Q4. Ans.	Wha	t is Joothan?	
Q5. Ans.	·	•	aris were being treated unequally?
Q6. Ans.	Wha	t do you understand l	

SOCIAL STUDIES WORKSHEET: 5 (CIVICS CHAPTER-2: ROLE OF THE GOVERNMENT IN HEALTH)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1. State True (T) or false (F).	
i. Ranjan got costly medical treatment	
ii. Private services are concentrated in rural areas	
iii. If people do not get adequate food to eat or have to live in cramped	
conditions, they will be prone to illness	
iv. The private health service is a chain of health centres and hospitals ru	n by
the government	
v. Adequate healthcare is available to all in India	
Q2. Fill in the blanks.	
i. Most doctors settle inareas.	
iiis utilised for relief and rehabilitation in case of nati	ural
disasters such as floods, earthquakes, tsunami etc.	
iii. Infacilities, patients have to pay a lot of money for every	ery
service that they use.	
iv. India is thelargest producer of medicines in the world	and
is also a large of medicines.	
v. India gets a large number of tourists from many countries	s.
Q3. Give some water borne diseases. Ans	
Q4. What do you mean by public health?	
Ans	
Q5. Who runs public health care system?	
Ans	

SOCIAL STUDIES WORKSHEET: 6 (CIVICS CHAPTER-3: HOW THE STATE GOVERNMENT WORKS)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1. State True (T) or False (F).
i. Some MLAs have dual responsibilities: one as an MLA and the other as a minister
ii. In a monarchy, people organize meetings to voice their opinions and protest against the government
iii. Members of the Legislative Assembly (MLAs) are elected by the people.
Q2. Fill in the blanks.
i. Every state in India has aAssembly.
ii. The political party that has the majority is called theparty.
iii. The Head of the State is the
Q3. What is the full form of MLA?
Ans
Q4. Who is the head of the State?
Ans
Q5. Where are laws for entire country made?
Ans
Q6. Who appoints 'Governor of state'?
Ans
Q7. Who is the executive head of state in India?
Ans.

SOCIAL STUDIES WORKSHEET: 7 (GEOGRAPHY CHAPTER-1: OUR ENVIRONMENT)

STUDENT NAME: CLASS: ROLL NO: DATE:

Q1.	True/False			
	i. Aquarium is not a natural ecosystem			
	ii. Land is a component of human environment iii. Road is a human made environment			
	iii. Rodd 13 d Haffaff ffidde effylloffifferfe.			
Q2.	What is atmosphere?			
Ans.				
Q3.	Write the significance of atmosphere.			
Ans.				
	What do you mean by barter system?			
Ans.				
	What is hydrosphere?			
Ans.				
0.6				
	What hydrosphere comprises of?			
Ans.				
Q7.	Which are the two major components of biotic environment?			
Ans.				

SOCIAL STUDIES WORKSHEET: 8 (GEOGRAPHY CHAPTER-2: INSIDE OUR EARTH)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1.	Fill i	n the blanks.
	i.	are also called primary rocks.
	ii.	Gold, petroleum and coal are examples of
	iii.	The thinnest layer of the earth is
	iv.	Deccan plateau is made up ofrocks.
	٧.	The Taj Mahal is made of
Q2.	True	r/False
	i.	There are two types of igneous rocks: intrusive rocks and extrusive rocks
	ii.	Rocks which contain fossils are metamorphic rocks.
	iii.	Clay changes into slate and limestone into marble.
	iv.	It is constantly undergoing changes inside and outside
	٧.	Grinding stones used to prepare paste/powder of spices and grains
		are made of sedimentary rock
	vi.	The earth, our homeland is a dynamic planet
Q3. Ans.	Give	an example of extrusive igneous rocks.
Q4. Ans.		t is the radius of earth?
Q5. Ans.	Wha	t is the core of the earth made up of?
Q6. Ans.		t is the innermost layer of the earth?

SOCIAL STUDIES WORKSHEET: 9 (GEOGRAPHY CHAPTER-3: OUR CHANGING EARTH)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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Q1. State True (T) or false (F).			
i. The molten magma inside the	earth moves in	n a circular ma	nner. True
ii. Beach is an erosional feature of	Beach is an erosional feature of sea waves. False		
iii. Moraine is a depositional featu	re of a glacier	. True	
iv. Volcano is caused by the sudd	en movements	s of the earth. ⁻	Γrue
v. The strength of the earthquak	. The strength of the earthquake increases away from the centre. False		
vi. Moraine is the depositional fea	ture of a glacio	er. True	
Q2. Fill in the blanks.			
i. Mushroom rocks are found in_			
ii. Ox bow lakes are found in rive	Ox bow lakes are found in river		
iiiare "rivers" of i	ce.		
iv. The highest waterfall is	Falls of Ven	ezuela in	America.
v. Sudden movements in the ear	th interior are	cause due to	
·			
Q3. What are the major agents of er	rosion?		
Ans.			
Q4. Define loess?			
Ans			
Q5. What is vent?			
_			
Ans			
Q6. What is a seismograph?			

SOCIAL STUDIES WORKSHEET: 10 (GEOGRAPHY CHAPTER-4: AIR)

STUDENT NAME:	CLASS:	ROLL NO:	DATE:
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21. State True (T) or false (F). i. When air is heated, it expands, becomes lighter and goes up		
iii. High pressure is associated with clear and sunny skies iiii. All living beings on this earth depend on the atmosphere for their survival iv. Carbon dioxide is the most plentiful gas in the air v. Green plants produce oxygen during photosynthesis vi. The air pressure is highest at sea level and decreased with height 22. Fill in the blanks. ilayer is the most important layer of the atmosphere. ii. As we go up the layers of atmosphere, thefalls rapidly. iii. The,andare the permanent winds. iv. Cold air is denser and heavy. v. The air pressure is at sea level and with height. vi. The upper most layer of the atmosphere is known as 23. In which layer of the atmosphere do aeroplanes fly? Ans 24. Where do meteors burn up in the atmosphere? Ans 25. What is atmosphere? Ans 26. What is the instrument that measures the amount of rainfall?	Q1. S	State True (T) or false (F).
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